

The Mortimer Federation of St John's and St Mary's

Sex and Relationships Policy			
Committee	Personnel	Date of Issue	March 2020
Status	Statutory	Review Date	March 2023
		Issue Number	1

THE MORTIMER FEDERATION OF ST JOHN'S AND ST MARY'S

SEX AND RELATIONSHIP EDUCATION POLICY

Sex and Relationship Education (SRE) is not compulsory in primary schools, except for that that is included in the National Curriculum for Science. From September 2020, Health Education and Relationship Education becomes compulsory in all Primary Schools for all pupils as per section 34 of the Children and Social work act 2017. However, primary schools may choose to teach SRE and this policy will provide clarity as to what SRE means for our children in our school.

Intent

At Mortimer St. John's and Mortimer Mary's we believe that Sex and Relationship Education (SRE) is an important part of the children's education to prepare them for their future lives. SRE describes the teaching and learning we offer to the young people in our school, helping to inform their decision making and developing their relationship skills. It is important that young people have the opportunity to understand themselves and others around them. They want and need reassurance about body image, behaviour and relationships; consequently, careful and sensitive treatment is called for when dealing with such issues.

End of key stage end points

In Year 6, we will be offering the following curriculum. The children will:

- Focus on loving, consensual relationships
- Recognise that babies come from the joining of an egg and sperm, including penetration
- Understand what happens when an egg does not meet a sperm
- Know a variety of ways in which sperm can fertilise the egg to create a baby
- Know the legal age of consent and what this means

Implementation

SRE is co-ordinated by the KS2 teachers and led by the PSHE Co-ordinator.

Before commencement of the lessons a letter will be sent to parents explaining that a programme of Sex and Relationship Education will be taught and that if they have any concerns they are welcome to speak to their child's class teacher. They are also invited to review the resources before the unit is taught. A sample of this letter is attached to this policy in Appendix 1.

Parents have the right to withdraw their children from the non-statutory part of the SRE programme. The school will make alternative arrangements in such cases.

Any complaints about the SRE curriculum should be made to the Headteacher who will report to the Governors.

A variety of approaches are used to give relevant information. Children are taught in mixed ability class and gender groups. The children will be split into gender groups for further discussion when appropriate.

SRE can be a sensitive issue. To protect privacy and engender respect for all, teachers will be expected to develop ground rules with pupils at the onset of potentially sensitive issues. Pupils should also be informed that teachers cannot offer or guarantee pupils unconditional confidentiality. If a pupil were to make any form of disclosure, staff must ensure that it is treated and reported in line with the safeguarding policy and procedures.

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Staff use a variety of resources, which parents are welcome to view before the teaching of SRE. These include:

Video resources

Online resources – video clips

Various books on where babies come from, growing up, changes etc.

Feminine hygiene products sourced from manufacturers, e.g. lillies, always etc.

Equal opportunities and Special educational needs

Young people with special educational needs will not be withdrawn from SRE, but will be given help to develop skills to reduce the risks of being abused and exploited, and to learn what sorts of behaviour are, and are not acceptable. Work may be planned in different ways in order to meet the individual needs of young people with special educational needs. School will comply with the Equality Act 2010 when teaching SRE.

Assessment, record keeping and marking

Assessment and record keeping will be carried out according to the school's policy. Marking will be used as a formative assessment tool and will be carried out in accordance with the school's marking policy.

Monitoring of impact

The Curriculum Co-ordinator should be aware of the on-going development of PSHE and Citizenship and keep abreast of current thinking and initiatives; will attend relevant training; will oversee and organise resource requirements; offer support and advice as appropriate; will motivate and encourage colleagues in their PSHE and Citizenship teaching.

The Headteacher and PSHE Co-ordinator will be responsible for the implementation of teaching and learning of this policy. This policy is approved by the Governors and updated every two years.

Chair of Curriculum Committee

Date

Share Your Light
Impartias Lucem Tuam

Matthew 25:29 "For whoever has will be given more, and they will have an abundance"

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Appendix 1

As part of Health Education and Relationship Education, all children will be learning the below, which is compulsory.

Foundation Stage

Show **sensitivity** to others' needs and feelings, form positive **relationships** with adults and other children, talk about how they and others show **feelings**

Key Stage 1

Recognise what makes them **special**, recognise the ways in which we are all **unique**, identify what they are **good** at, what they **like and dislike**, know how to **manage themselves** when finding things difficult, name the main parts of the **body** including external genitalia (e.g. vulva, vagina, penis, testicles), know how people and animals **grow** and change from young to old and how people's needs change, prepare themselves to move to a new class/year group

Key Stage 2

Know about personal **identity**; what contributes to who we are, know that for some people **gender** identity does not correspond with their biological sex, recognise their individuality and personal **qualities**, identify personal **strengths, skills, achievements** and **interests** and how these contribute to a sense of **self-worth**, know how to **manage** setbacks and perceived failures, including how to re-frame **unhelpful thinking**, **identify** the external genitalia and internal **reproductive** organs in males and females and how the process of **puberty** relates to human reproduction, know about the **physical** and **emotional** changes that happen when approaching and during puberty (including menstruation, key facts about the menstrual cycle and menstrual wellbeing), understand that for girls, **periods** are a normal part of puberty, know about how **hygiene** routines change during the time of puberty, the importance of keeping clean and how to maintain personal hygiene.

At Mortimer St. Mary's we teach puberty in the following units:

- Y4 Unit- focus on identifying both male and female body parts, including genitalia, an understanding of why puberty happens, an understanding that for girls, periods are a normal part of puberty and occurs when an egg is not fertilized
- Y5 Unit – a recap on menstruation, focus on puberty, including changes to their bodies (both physical and emotional), identifying the correct terminology for external sexual organs

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Appendix 2

(Date)

To parents of children in Year 6

Dear Parents

As part of our Year 6 PSHE (Personal, Social and Health Education) and Science Curriculum, we will be teaching a unit on sex and relationships this term. In Year 5, within the Science Curriculum, we teach a unit to further support the children's knowledge and understanding of puberty (including the emotional and physical impact), menstruation and terminology of external sexual organs. The objective of this unit on Sex and Relationships in Year 6 is to help and support the children through their physical, emotional and moral development. The unit will be taught through open discussion after watching a series of short video clips. Teachers will use relevant resources from the NHS/School Nurse Services/BBC. Children will also be given the opportunity to discuss questions with their class teacher.

Some of the videos used are available for viewing online. An email with the web addresses will be sent out to all year 6 parents so you can view them in advance should you wish to. An additional video will be used in school. If you would like to view the video before this unit is taught, please let the school know by **(Date)**. A date for viewing will then be issued.

Parents have the right to withdraw their children from all or part of the Sex and Relationship education provided at school except for those parts included in the statutory National Curriculum which are Relationship Education, Health Education and Science. In science, the children learn life processes common to humans and other animals including nutrition, growth and reproduction and about the main stages of the human life cycle. If you wish to withdraw your child please send a letter in to school by **Date**.

If you have any questions, please do not hesitate to contact us.

Yours faithfully,

Year 6 teachers